



JANUARY 25-27, 2024 | ST. JOHN'S RESORT IN PLYMOUTH, MICHIGAN



Thursday, January 25, 2024 The first day of this bold and comprehensive conference will focus on integrating schools, youth-serving organizations and clinicians to promote Suicide Prevention and mental well-being. Presentations will appeal to educators, mental health professionals and suicide prevention advocates who work with young people to build awareness and to share prevention strategies that are tailored to this diverse population.

Presented by



Who's Invited:

- Educators / Teachers
- Parents / Family Members
- Psychologists / Social Workers / Licensed Counselors
- Physicians / Nurses / Medical Professionals
- Crisis Center Workers
- First Responders / Law Enforcement
- Policymakers
- Loss Survivors
- Employers / Human Resource Professionals
- Veterans and Veteran Support Groups
- People with Lived Experience
- Members of the General Public
- Professional Trainees and Students



Goal: The goal is to assist mental health professionals and educators to implement strategies to prevent youth suicide with a special focus on high risk and underserved youth.

Knowing how to identify a young person at risk and understanding the role of the school and therapist in preventing suicide is vital if we are going to have an impact on reducing the incidence of suicide attempts and completions.



Objectives:

The Summit will help educators:

- Learn how to recognize students and young people who are at risk.
- Address marginalized youth who feel unconnected to the school community.
- Address themes in prevention that will instill hope and provide strategies that are effective in reaching those youth who have traditionally been unrecognized as needing resources to improve skills that promote positive mental health and suicide prevention.

Applications for **Continuing Education Credits** are being prepared for Addiction Professionals, Educators and School Counselors, Licensed Professional Counselors, Nurses, and Social Workers.

Keynote Presentations Include:



Kathryn Goetzke

Chief HOPE Officer of The Shine Hope Company

The Science and Power of Hope

Hopelessness is the single consistent predictor of suicide, and primary symptom of anxiety and depression. Yet we are never taught what it is, and how to get to hope. Hope is measurable, and teachable. During this talk, you'll learn about a global movement for hope, through Hopeful Cities, Hopeful Minds, and Hopeful Mindsets, and know how to measure, and improve your hope, using the SHINE Hope framework.



Jocelyn Meza PhD.

Assistant Professor-in-Residence, Psychiatry and Biobehavioral Sciences UCLA

Contextualizing Suicide Risk For Latinx Youth: Sociocultural Risk and Protective Factors

Sociocultural risk factors associated with self-injurious thoughts and behaviors among Latinx youth. Culturally-relevant factors include acculturative stress and acculturation gaps, and structural level risk factors include racism (i.e., interpersonal and systemic), racial trauma, and discrimination/racial microaggressions.



Hayley Watson PhD.

Clinical Psychologist and CEO, Open Parachutes

Understanding Struggling Students

Practical tips for having conversations with students that create a sense of connection and belonging, even in the face of struggle. You will learn a conversation framework, as well as the specific words that you can use to provide guidance and support in a way that is safe, structured, and supportive. You will leave with strategies to up-skill the rest of your team, and increased confidence to support all the students in your school community.



Mason Englert

Relief Pitcher, Detroit Tigers

Interviewed by Johnny Kane, Bally Sports Detroit.

Understanding Struggling Students

Mason Englert shares his journey of self-discovery, facing overwhelming anxiety, depression and thoughts of self harm, and how meditation and cold exposure therapy have helped him observe and maintain his own mental health, and how he hopes to become a positive influence for others facing a similar battle.



Register Now:
KevinsSong.org
 or Scan this QR Code

