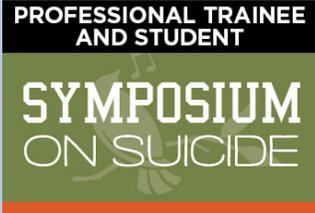


# KEVIN'S SONG 2023 CONFERENCE PROGRAM SCHEDULE

Updated 1/3/23

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<p><b>THURSDAY, January 26</b></p>	<p><b>SYMPOSIUM ON SUICIDE (PROFESSIONAL / TRAINEE / STUDENT TRACK)</b></p> 
<p>7:45 am – 8:00 am</p>	<p><b>WELCOME and INTRODUCTIONS</b> - <b>John Urso</b>, Co-Founder and President, Kevin's Song</p>
<p>8:00 am – 8:15 am</p>	<p><b>KICK-OFF</b> - <b>Lawrence J. Burns</b>, President and CEO, The Children's Foundation</p>
<p>8:15 am – 9:00 am</p>	<p><b>KEYNOTE – The Descent Of Agamemnon And The Disquietude Of Job: The Death Of Agency As The Spur Of Suicide</b> - <b>Thomas Joiner, PhD</b>, The Robert O. Lawton Distinguished Professor of Psychology, Florida State University <i>Recent conceptual innovations regarding the role of agency in suicidal behavior and also the role and nuances of the specific type of psychological pain involved in suicidal crises will be summarized.</i></p>
<p>9:00 am – 9:15 am</p>	<p><b>BREAK</b> (Move to Judea Room)</p>
<p>9:15 am – 9:30 am</p>	<p><b>WELCOME and INTRODUCTIONS</b> - <b>Jennifer Peltzer Jones, PsyD, RN</b>, Assistant Medical Director of Emergency Behavioral Health Services at Henry Ford Health System</p>
<p>9:30 am – 10:30 am</p>	<p><b>Best Practices for Evaluation and Treatment</b> - <b>Scott Zeller, MD</b>, Vice President, Acute Psychiatry, Vituity <i>This presentation will provide an in-depth discussion of evidence-based, trauma-informed, patient-centric techniques for crisis care in varied settings, from community programs to hospital emergency departments. This will include a special focus on suicidality as well as the often-related conditions of acute agitation and aggression, comorbid substance intoxication and withdrawal, and acute psychosis. The session will also highlight innovative practices and designs which are improving crisis care across the USA.</i></p>

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10:30 am – 11:15 am	<b>Zero Suicide: Past, Present, and Future</b> <ul style="list-style-type: none"><li>- <b>Cathy Frank, MD</b>, Chair, Department of Psychiatry, Henry Ford Health</li></ul> <i>The presentation will describe the development of Zero Suicide which has become an international standard for suicide prevention. The guidelines originally developed by Henry Ford Health System will be described as well as subsequent research that supports the Zero Suicide guidelines and the future of how we can work toward the prevention of this disease.</i>
11:15 am – 12:00 Noon	<b>Treatment Of Unipolar And Bipolar Depression: Medical And Non-Medical Options</b> <ul style="list-style-type: none"><li>- <b>Juan F. Lopez</b>, Associate Professor Emeritus of Psychiatry, University of Michigan</li></ul> <i>This session will present an overview of the currently available pharmacological and non-pharmacological treatments for unipolar and bipolar depression. It will also describe strategies to optimize treatment, particularly in treatment-resistant patients.</i>
12:00 Noon – 12:15 pm	<b>LUNCH</b> (Box lunches distributed)
12:15 pm – 1:00 pm	<b>Safe, Healthy, &amp; Fulfilled: Addressing The Needs Of 21st Century Helpers And Healers</b> <ul style="list-style-type: none"><li>- <b>Travis Atkinson, MS, LPC</b>, Director of Clinical &amp; Crisis Services, TBD Solutions</li></ul> <i>One of the most important questions in the human services field is, "How can we be the most helpful?" As clinicians, first responders, and other helping professionals pursue their passion and purpose, this question must also be pointed inward: how do we help and sustain ourselves, preserve our own dignity, and live in a way that is honoring of our beliefs and values? When does selfless pursuit stop serving the helper, and what solutions are best for those receiving care and treatment as well as those giving it? Explore the answers to these questions and reimagine in this dynamic workshop.</i>
5:00 PM – 7:00 PM	<b>THURSDAY NIGHT RECEPTION – Compliments of Marx Layne &amp; Company</b>

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<p><b>THURSDAY, January 26</b></p>	<p><b>SCHOOL SUMMIT</b></p> 
<p>7:45 am – 8:00 am</p>	<p><b>WELCOME and INTRODUCTIONS</b></p> <ul style="list-style-type: none"> <li>- <b>John Urso</b>, Co-Founder and President, Kevin's Song</li> </ul>
<p>8:00 am – 8:15 am</p>	<p><b>KICK-OFF</b></p> <ul style="list-style-type: none"> <li>- <b>Lawrence J. Burns</b>, President and CEO, The Children's Foundation</li> </ul>
<p>8:15 am – 9:00 am</p>	<p><b>KEYNOTE – The Descent Of Agamemnon And The Disquietude Of Job: The Death Of Agency As The Spur Of Suicide</b></p> <ul style="list-style-type: none"> <li>- <b>Thomas Joiner, PhD</b>, The Robert O. Lawton Distinguished Professor of Psychology, Florida State University</li> </ul> <p><i>Recent conceptual innovations regarding the role of agency in suicidal behavior and also the role and nuances of the specific type of psychological pain involved in suicidal crises will be summarized.</i></p>
<p>9:00 am – 9:15 am</p>	<p><b>BREAK</b></p>
<p>9:15 am – 10:00 am</p>	<p><b>KEYNOTE – Everybody Versus Stigma</b></p> <ul style="list-style-type: none"> <li>- <b>Kevin Fischer</b>, Executive Director, NAMI Michigan</li> </ul> <p><i>STIGMA is the leading barrier to early diagnosis and treatment that leads to better outcomes. STIGMA KILLS, but we can overcome it.</i></p>
<p>10:00 am – 10:15 am</p>	<p><b>BREAK</b></p>
<p>10:15 am – 11:15 am</p>	<p><b>MORNING BREAKOUT SESSIONS</b></p>
<p>10:15 am – 11:15 am</p>	<p><b>1A: Supporting the Whole Child through Social-Emotional Learning</b></p> <ul style="list-style-type: none"> <li>- <b>Margaret Schultz</b>, Director of Instructional Equity, Bloomfield Hills Schools</li> </ul> <p><i>In the summer of 2020, Bloomfield Hills Schools embarked on a journey to intentionally grow the use of Social-Emotional Learning (SEL) for both students and staff across the district. Margaret Schultz, Director of Instructional Equity, will walk you through the process that the district used to create a plan for SEL that centers on the emotional wellness of all students and staff. Through a weekly transformative SEL curriculum</i></p>

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	<p>written by district staff, along with regular interactions for both students and staff, Bloomfield Hills Schools continues to focus on proactive approaches that support classroom community, emotional intelligence, and staff wellness.</p>
10:15 am – 11:15 am	<p><b>1B: The Sacred Bundle Project: Youth Suicide Prevention Across Michigan</b></p> <ul style="list-style-type: none"> <li>- Taylor Puckett Maxwell, Outreach and Training Coordinator, American Indian Health Family Service</li> <li>- Adon Vazquez, American Indian Health and Family Services</li> </ul> <p>Sacred Bundle Project staff will discuss the disparities surrounding access to mental health services for youth across the state of Michigan. The Sacred Bundle Project is committed to expanding resources for tribal communities and other underserved populations in order to create suicide-safer communities throughout upper and lower Michigan.</p>
10:15 am – 11:15 am	<p><b>1C: The Detour Project: Connecting Teens To Well-Being Through Expressive Art</b></p> <ul style="list-style-type: none"> <li>- Dennis Liegghio, Founder, KnowResolve</li> </ul> <p>Teens are struggling with their mental health, and we want to do something about it in a way that is accessible, approachable, and fun! In this session, you will learn about what expressive art is, how it helps, and how to implement this program in your school or community organization.</p>
10:15 am – 11:15 am	<p><b>1D: A Holistic, Trauma Informed Approach to Children's Mental Health</b></p> <ul style="list-style-type: none"> <li>- Sarah Emmerson, MA, LLP, Therapist, Sarah Emmerson, PLLC</li> </ul> <p>This break-out session will include identifying trauma and relational trauma as the underlying cause of both behavioral and mental health diagnoses in children and adolescents</p>
10:15 am – 11:15 am	<p><b>1E: Three Tiers Of School Evidence-Based Support For Addressing Youth Mental Health</b></p> <ul style="list-style-type: none"> <li>- Natalie Burns, LMSW, MA, Tier 3 Director, TRAILS</li> <li>- Malak Baker, LMSW, Site Coordinator, TRAILS</li> <li>- Anais Murphy, MSW, MA, Implementation Specialist (SEL), TRAILS</li> </ul> <p>The youth mental health crisis has thrown a spotlight on both the overwhelming mental health care needs among youth and the numerous barriers they experience to accessing this care - especially for our youth at risk of death by suicide. School-based mental healthcare offers a promising avenue for addressing many barriers to care and providing evidence-based mental health support at scale (Smith et al., 2022). Schools also present an opportunity to address student mental health across a continuum of needs; multiple tiers of support with suicide prevention embedded in each can be offered to provide individualized and school-wide support. Tier 1 support refers to universal education and skills that can be delivered to all students; primary goals are the promotion of wellness and prevention of mental health disorders in students. Tier 2 support refers to targeted intervention and is indicated for students with elevated mental health symptoms or at risk for mental health</p>

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	<i>difficulties. Tier 3 support refers to suicide risk management and prevention in the school setting. This presentation will focus on challenges and opportunities associated with implementing 3 tiers of evidence-based suicide-specific support in the context of a recent statewide expansion of a school-based mental health program. The presentation focuses on clinical and implementation support within schools.</i>
10:15 am – 11:15 am	<b>1F: NEW SESSION TO BE ADDED</b>
11:15 am – 11:30 am	<b>BREAK</b>
11:30 am – 12:15 pm	<p><b>KEYNOTE – The Perfect Storm of Stressors: Protecting your Mental Health</b></p> <ul style="list-style-type: none"> <li>- <b>Will Heininger</b>, Outreach Coordinator, Eisenberg Family Depression Center</li> </ul> <p><i>Times of transition can often present the “perfect storm of stressors” that can lead to worsening mental health. In the winter of 2021, the Healthy Minds Study found that 41% of college students reported experiencing moderate or severe depression and 34% reported an anxiety disorder, with only half seeking treatment despite available resources. Will Heininger, Outreach Coordinator for the Eisenberg Family Depression Center, and former defensive lineman for the University of Michigan football team will use his professional and lived experience to discuss factors that can impact mental health and the importance of help-seeking. Attendees will learn how to support themselves or someone they know who may be struggling with mental health challenges.</i></p>
12:15 pm – 1:15 pm	<b>LUNCH</b>
1:15 pm – 2:00 pm	<p><b>KEYNOTE – Supporting LGBTQ Youth Mental Health: The Importance of Safe &amp; Affirming Schools</b></p> <ul style="list-style-type: none"> <li>- <b>Gabrielle Doyle, MA</b>, Advocacy Campaign Manager, The Trevor Project</li> </ul> <p><i>Suicide is the second leading cause of death among young people — and LGBTQ youth are more than four times as likely to attempt suicide than their peers. The Trevor Project, the world's largest suicide prevention organization for LGBTQ youth, found that nearly half of LGBTQ youth seriously considered attempting suicide in the past year. However, LGBTQ youth who found their school to be LGBTQ-affirming reported significantly lower rates of attempting suicide. As one of the most consistent environments in a young person's life, schools have the power to provide access to critical support systems and mental health services, but they can also serve as sources of bullying and discrimination. In this keynote, we'll discuss the unique mental health challenges faced by LGBTQ students and the ways in which school professionals can create safe and affirming learning environments.</i></p>
2:00 pm – 2:15 pm	<b>BREAK</b>
2:15 pm – 3:15 pm	<b>AFTERNOON BREAKOUT SESSIONS</b>

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<p>2:15 pm – 3:15 pm</p>	<p><b>2A: Postvention in Schools: Safety Planning for Actively Suicidal Students</b></p> <ul style="list-style-type: none"> <li>- <b>Nancy Buyle, MA, LPC, ACTP</b>, School Safety/Student Assistance Consultant, Macomb Intermediate School District</li> </ul> <p><i>Working effectively with students in the aftermath of a suicide attempt or hospitalization due to active suicidal thinking is critical. Safety planning after a suicidal crisis has been an effective strategy that helps youth cope effectively with life stressors. School mental health staff will learn how to incorporate safety planning as part of the postvention needed upon a student's return from an absence due to suicidal behavior</i></p>
<p>2:15 pm – 3:15 pm</p>	<p><b>2B: Is Implicit Bias Interfering with Your Suicide Prevention Efforts?</b></p> <ul style="list-style-type: none"> <li>- <b>Stephanie Lange, LMSW, ACSW, CTP, CAADC, CCS</b>, Student Assistance Specialist, Chippewa Valley Schools</li> </ul> <p><i>This session will explore implicit bias for both the school employee AND the help seeker, how it shapes the actions we take in school related to intervention, and the lens of implicit bias going unchecked for suicide prevention in our district</i></p>
<p>2:15 pm – 3:15 pm</p>	<p><b>2C: School-Based Blue Envelope: A Suicide S.A.F.E. Team Response</b></p> <ul style="list-style-type: none"> <li>- <b>Jody Sprague, LMSW</b>, Program Manager- School-Based Suicide Prevention, Spectrum Health West Michigan</li> </ul> <p><i>This presentation explores an innovative approach to a community partnership between health care and schools seeking to reduce suicide and suicide attempts among youth. The School Blue Envelope program is founded on the premise that "Suicide Prevention is Everyone's Responsibility" and is designed for a multi-disciplinary team response. Participants will learn about this comprehensive program that includes S.A.F.E. steps for all school faculty and administration and how incorporating evidence-based tools increases staff confidence and knowledge, better equipping them to respond to students with thoughts of suicide calmly and swiftly.</i></p>
<p>2:15 pm – 3:15 pm</p>	<p><b>2D: Social Media Addiction And Mental Health</b></p> <ul style="list-style-type: none"> <li>- <b>Corey Hebner</b>, Community Services Trooper, Michigan State Police Gaylord Post</li> </ul> <p><i>This presentation is going to define social media terminology to provide a baseline for discussion. It will then relay differences between how children use social media and their parents. It will discuss how children use different apps, what they are seeking psychologically (fulfillment), and why this is dangerous to mental health if social media usage isn't limited. The discussion will talk about age appropriateness, setting up contracts, and how to mirror good examples of proper social media usage</i></p>
<p>2:15 pm – 3:15 pm</p>	<p><b>2E: Eating Disorders and High Risk of Self Harm</b></p> <ul style="list-style-type: none"> <li>- <b>Lori Kehoe</b>, Director of Eating Disorder Services, Sanford House</li> </ul>

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3:30 pm – 4:15 pm	<b>Guided Meditation for Self-Care and Self-Renewal (CONTINUING EDUCATION CREDIT <u>NOT</u> AVAILABLE)</b> - Jonathan Itchon <i>We cannot give to others what we do not already have to give. And too often, in our pursuit of caring for, helping, and serving others to recognize the precious gift of life, we can forget how important it is to care for ourselves. Which can lead to over-giving and finding ourselves on a slippery slope towards exhaustion, overwhelm, and burnout. So self-care and knowing how to "refill your cup" and renew your vitality consistently is key to living your mission and sustainably offering the highest quality of care and service to those who need it most. In this 60-minute session, experience a special guided meditation for reflection and renewal that will help you relax your body, clear your mind, and recharge your battery. Give yourself permission to care for the most important person in your life: You.</i>
5:00 PM – 7:00 PM	<b>THURSDAY NIGHT RECEPTION – Compliments of Marx Layne &amp; Company</b>

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<p><b>FRIDAY, January 27</b></p>	<p><b>CONFERENCE</b></p> 
<p>8:00 am – 8:15 am</p>	<p><b>WELCOME and INTRODUCTIONS</b></p> <ul style="list-style-type: none"> <li>- <b>John Urso</b>, Co-Founder and President, Kevin's Song</li> </ul>
<p>8:15 am – 9:30 am</p>	<p><b>KEYNOTE PANEL – The Future of Suicide Prevention</b></p> <ul style="list-style-type: none"> <li>- <b>Thomas Joiner, PhD</b>, The Robert O. Lawton Distinguished Professor of Psychology, Florida State University</li> <li>- <b>Bart Andrews, PhD</b>, Chief Clinical Officer, BHR</li> <li>- <b>Craig Bryan, PsyD, ABPP</b>, Professor, The Ohio State University College of Medicine</li> <li>- <b>Moderator: Amelia Lehto</b>, Interim Executive Director, American Association of Suicidology</li> </ul> <p><i>In recent years, there have been many advancements in the understanding and prevention of suicide, as well as promising progress in suicide intervention and postvention services for those impacted by suicide. Despite the progress that has been made challenges remain. The future of suicide prevention will explore the traditional mental health care approach with innovative new research, harnessing the power of technology, and clinical approaches to combat the rising rate of suicide. We will also discuss the importance of a multidisciplinary approach, the inclusion of those with lived experience of suicide, and the challenges of implementing interventions in the field.</i></p>
<p>9:30 am – 9:45 am</p>	<p><b>BREAK</b></p>
<p>9:45 am – 10:45 am</p>	<p><b>DAY 2 MORNING BREAKOUT SESSIONS</b></p>
<p>9:45 am – 10:45 am</p>	<p><b>3A: Let's Call It What It Is: Treating Suicidality In The Outpatient Setting (Part 1)</b></p> <ul style="list-style-type: none"> <li>- <b>Gigi Colombini, LMSW</b>, Owner, Institute for Hope &amp; Human Flourishing</li> </ul> <p><i>Disorders treated in mental health or substance use clinics have specific targeted interventions and treatments to reduce risk and ultimately improve overall wellbeing. When working with patients who may be at risk for suicide in an outpatient setting, it can be better for them (and us) if we remember that suicidality can be</i></p>

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	<p><i>treated as a disorder. In these sessions you will learn specific tools to enable the clinician and patient to work together on their suicidality.</i></p>
9:45 am – 10:45 am	<p><b>3B: Part of Me Wants to Die: An Internal Family Systems Approach</b></p> <ul style="list-style-type: none"> <li>- <b>Lawrence Wentworth, PhD</b>, President/CEO Psychologist, Wentworth &amp; Associates, P.C.</li> </ul> <p><i>This session will present an overview of the evidence-based Internal Family Systems Model and discuss empowering and alternative ways to work with suicidal protectors.</i></p>
9:45 am – 10:45 am	<p><b>3C: Lethal Means Restriction In Urban And Rural Settings</b></p> <ul style="list-style-type: none"> <li>- <b>Corey Hebner</b>, Community Services Trooper, Michigan State Police Gaylord Post</li> <li>- <b>Alvin Sims, LMSW</b>, Resource Counselor, Detroit Ceasefire</li> </ul> <p><i>This session will examine the culture of lethal means in both urban and rural settings. The presenters will discuss accessibility and the challenges of restricting access. Included will be educational components and environmental interventions that can be used to deter suicide.</i></p>
9:45 am – 10:45 am	<p><b>3D: Supreme Need, Supreme Care: A Discussion On Right-Sized Treatment</b></p> <ul style="list-style-type: none"> <li>- <b>Travis Atkinson, MS, LPC</b>, Director of Clinical &amp; Crisis Services, TBD Solutions</li> <li>- <b>Cherene Caraco</b>, CEO, Promise Resource Network</li> <li>- <b>Dave Pankotai</b>, CEO, Macomb County Community Mental Health</li> </ul> <p><i>When a person is experiencing one of the worst days of their life, how do we help them? Old narratives tell us to engage 911, police, ambulance, and Emergency Departments on the way to an inpatient psychiatric hospital admission. But how did we get here, and how do we know what must change?</i></p>
9:45 am – 10:45 am	<p><b>3E: Building Supportive Adult Networks For Young People At Risk</b></p> <ul style="list-style-type: none"> <li>- <b>Cheryl King, PhD, ABPP</b>, Professor, University of Michigan</li> </ul> <p><i>Suicides and drug overdoses are leading causes of death among youth and young adults, yet we have a dearth of evidence-based prevention strategies. This presentation will provide an overview of the Youth-Nominated Support Team (YST) program, which has been associated with lower young adult mortality from suicides and drug overdoses. Based in health behavior theories, YST is a three-month psychoeducational, social support program for young people who are hospitalized for suicide risk. It is designed to build and strengthen each individual's supportive network of adults. In a rigorous of clinical with a sample of 448 adolescents, adolescents from two psychiatric hospitals were randomized to usual care or usual care plus YST. Those in the YST group nominated 'caring adults' (family, school, community) who were given tailored information about adolescent mental health concerns and treatment plans; communication with teens, and suicide risk warning signs. They were encouraged to maintain weekly contact with the youths to facilitate treatment adherence and positive behavioral choices. Professional staff provided regularly scheduled support to these adults across</i></p>

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	<i>a 3-month period. Long-term follow-up demonstrated significantly fewer deaths among those who received YST, with a confidence interval suggesting at least a 50% reduction in mortality for this group. Recent developments with the dissemination and funding of YST services will be discussed.</i>
9:45 am – 10:45 am	<b>3F: NEW SESSION TO BE ADDED</b>
10:25 am – 11:00 am	<b>BREAK</b>
11:00 am – 12:00 Noon	<p><b>KEYNOTE – 988: Impact And Challenges</b></p> <ul style="list-style-type: none"> <li>- <b>Michelle Cornette, PhD</b>, Suicide Prevention Advocate</li> <li>- <b>Jill Smith, LMSW, CAADC</b>, Senior Director MiCAL, Common Ground</li> </ul> <p><i>Jill Smith is a Licensed Master of Social Work and Certified Advanced Alcohol and Drug Counselor with over 20 years of leadership experience in mental health services in the State of Michigan. She has spent the majority of her career committed to the delivery of public mental health and substance use disorder services Jill is currently the Senior Director of Michigan Crisis and Access Line at Common Ground where she is collaborating with the state of Michigan to deliver comprehensive crisis and referral services using best practice models</i></p>
12:00 Noon – 1:00 pm	<b>LUNCH</b>
1:00 pm – 2:00 pm	<p><b>KEYNOTE – Up on the High Wire - Building Mental Resilience During Tough Times</b></p> <ul style="list-style-type: none"> <li>- <b>Sally Spencer-Thomas, PsyD</b>, Professional Speaker, Podcaster &amp; Impact Entrepreneur, Sally Spencer-Thomas LLC</li> </ul> <p><i>Are we doing enough to invest in mental health and “mental resiliency”? What does it actually mean to be emotionally fit and psychologically hardy? With increasing demands to do more with less and perform with polish, people need coping tools and emotional inoculation to get them through challenges. This keynote looks at the issue of mental wellness and gives participants the tools to help themselves and others sustain a passion for living over the long haul. As a psychologist, mental health advocate, and survivor of her brother’s suicide, Dr. Sally Spencer-Thomas brings a unique perspective to the topic. From storytelling to discussing the effects of stress on the brain, Sally will help participants know how to stay mentally fit, avoid burnout and remain focused on wellness.</i></p>
2:00 pm – 2:15 pm	<b>BREAK</b>
2:15 pm – 3:15 pm	<b>DAY 2 AFTERNOON BREAKOUT SESSIONS</b>
2:15 pm – 3:15 pm	<p><b>4A: Let's Call It What It Is: Treating Suicidality In The Outpatient Setting (Part 2)</b></p> <ul style="list-style-type: none"> <li>- <b>Gigi Colombini, LMSW</b>, Owner, Institute for Hope &amp; Human Flourishing</li> </ul>

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	<p><i>Disorders treated in mental health or substance use clinics have specific targeted interventions and treatments to reduce risk and improve overall well-being. When working with patients who may be at risk for suicide in an outpatient setting, it can be better for them (and us) if we remember that suicidality can be treated as a disorder. In these sessions, you will learn specific tools to enable the clinician and patient to work together on their suicidality.</i></p>
<p>2:15 pm – 3:15 pm</p>	<p><b>4B: National Strategy for Workplace Suicide Prevention</b></p> <ul style="list-style-type: none"> <li>- <b>Jodi Frey, PhD, LCSW-C, CEAP</b>, Professor, University of Maryland</li> <li>- <b>Sally Spencer-Thomas, PsyD</b>, Professional Speaker, Podcaster &amp; Impact Entrepreneur, Sally Spencer-Thomas LLC</li> </ul> <p><i>Most people who die by suicide are men of working age. Thus, the workplace is arguably the most cross-cutting system we have for suicide prevention. Nevertheless, most workplaces are woefully underprepared to address this complicated public health tragedy.</i></p>
<p>2:15 pm – 3:15 pm</p>	<p><b>4C: Collaboration And Suicide Prevention Efforts In A Rural Region</b></p> <ul style="list-style-type: none"> <li>- <b>Kellie Phelps</b>, Sanilac County Community Mental Health</li> <li>- <b>Kari Granz, BBA</b>, Program Coordinator, Thumb Community Health Partnership</li> <li>- <b>Cheryl Hieber</b>, Marketing Director, Deckerville Community Hospital</li> </ul> <p><i>Rural suicide prevention can be challenging and often requires a creative, collaborative, and regional approach. Kari Granz, of the Thumb Community Health partnership, will describe effective public health messaging designed to engage communities in the Thumb Region in strategies to improve mental health and suicide prevention. Ms. Granz will be joined by co-presenters, Kellie Phelps of Sanilac County Community Mental Health and the Sanilac County Prevention Network and Cheryl Hieber of Deckerville Community Hospital. Ms. Phelps will discuss the programs, partnerships, and collaborative suicide prevention efforts of the SCPN. Next, Ms. Hieber will explain how a small rural hospital system established two Zero Suicide Emergency Departments.</i></p>
<p>2:15 pm – 3:15 pm</p>	<p><b>4D: Understanding Links Between Chronic Pain And Suicide: Purpose Despite Pain</b></p> <ul style="list-style-type: none"> <li>- <b>Afton Hassett, PsyD</b>, Associate Professor, University of Michigan</li> <li>- <b>Mark Ilgen, PhD</b>, Professor, University of Michigan</li> </ul> <p><i>Multiple studies have documented a link between chronic pain and the risk of suicidal behaviors. In this session, we will review the literature on suicide risk in those with chronic pain and examine potential reasons why those with physical pain are at elevated risk for suicide. In addition, we will discuss the potential clinical</i></p>

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	<i>implications for suicide prevention efforts. Lastly, we will explore the mental and physical health benefits of having a strong sense of purpose in life and discuss strategies to cultivate your own unique sense of purpose.</i>
2:15 pm – 3:15 pm	<b>4E: Leading Treatments To Use With Clients In Crisis</b> <ul style="list-style-type: none"><li>- <b>Lawrence Wentworth, PhD</b>, President/CEO Psychologist, Wentworth &amp; Associates, P.C.</li><li>- <b>Kristi LaBeau, LPC</b>, Clinical Director, Wentworth and Associates, PC</li></ul> <i>This session will focus on models of EMDR, IFS, DBT, and TF-CBT. It will include a description and how each model may be utilized to help clients/patients in crisis</i>
3:15 pm – 3:30 pm	<b>BREAK</b>
3:30 pm – 4:30 pm	<b>KEYNOTE – Yellow Rose Campaign: Community Emotional Wellness</b> <ul style="list-style-type: none"><li>- <b>Gregory Flynn</b>, Chief, West Bloomfield Fire Department</li></ul> <i>The Yellow Rose Campaign's mission is to remove the stigma of emotional health issues while linking humans with resources, training, and support. The campaign is a pledge to impact the community culture positively.</i>
6:00 PM – 9:00 PM	<b>FRIDAY NIGHT DINNER – Entertainment by Matt Watroba – Separate Ticket required</b>

# KEVIN'S SONG 2023 CONFERENCE PROGRAM SCHEDULE

Updated 1/3/23

Continuing Education Credits available for Social Workers, Nursing, Licensed Counselors, Substance Abuse Counselors and SCECHs unless otherwise indicated (APPLICATIONS PENDING)

<p><b>SATURDAY, January 28</b></p> <p><b>NOTE: CONTINUING EDUCATION CREDITS will NOT be available for Saturday sessions</b></p>	<p><b>CONFERENCE</b></p> 
<p>8:30 am – 8:45 am</p>	<p><b>WELCOME and INTRODUCTIONS</b></p> <ul style="list-style-type: none"> <li>- <b>Gail Urso</b>, Co-Founder and Vice President, Kevin's Song</li> </ul>
<p>8:45 am – 9:00 am</p>	<p><b>Presentation of 2022 Saving a Life Award</b></p> <ul style="list-style-type: none"> <li>- <b>Gail Urso</b>, Co-Founder and Vice President, Kevin's Song</li> </ul>
<p>9:00 am – 11:30 am</p>	<p><b>KEYNOTE – Listen to Understand</b> (In-Person and Live Streamed)</p> <ul style="list-style-type: none"> <li>- <b>Kevin Briggs</b>, Owner, Pivotal Points</li> <li>- <b>Kevin Berthia</b>, Founder, Kevin Berthia Foundation</li> </ul> <p><i>This 2.5-hour presentation with Kevin Briggs and Kevin Berthia will focus on how we can have a conversation with someone who may be in a mental health crisis. Along with this, individual Quality of Life issues will be discussed</i></p>
<p>11:30 am – 12:15 pm</p>	<p><b>LUNCH</b></p>
<p>12:15 pm – 1:00 pm</p>	<p><b>Coping From Suicide Loss</b></p> <ul style="list-style-type: none"> <li>- <b>Cheryl Waters</b>, Owner, KalmWaters Consulting</li> </ul> <p><i>Education is the most powerful tool in helping to understand and navigate the unique and complicated grief of losing a loved one by suicide. In this workshop, we will explore the psyche ache of suicide and some of the commonalities of the suicidal mind. We will discuss how as a survivor you can navigate the grief left behind and begin a path to healing and hope</i></p>
<p>1:00 pm – 1:15 pm</p>	<p><b>BREAK</b></p>
<p>1:15 pm – 2:30 pm</p>	<p><b>SUPPORT BREAKOUT SESSIONS</b></p> <p><i>Participants will break into groups depending on interests or needs.</i></p> <p><i>Loss Survivors / Lived Experience with Suicide (Attempt Survivors)</i></p> <p><i>Supporting Someone Who Feels Suicidal / Supporting Someone in Grief</i></p>