



SUICIDE PREVENTION IN THE WORKPLACE

7th ANNUAL

KEVIN'S SONG



A CONFERENCE ON SUICIDE:

BUILDING ROADS TO A BETTER TOMORROW

Date:

Friday, January 27, 2023

Time:

8:00am - 4:30pm
Continental Breakfast
and Buffet Lunch Provided

Place:

Saint John's Resort,
Plymouth, Michigan

Day Two of this year's this year's **Kevin's Song Conference on Suicide: Building Bridges to a Better Tomorrow** will address the impact of suicide on the workplace. We are honored to present two of the leading experts and researchers of suicide, prevention and how to erase the stigma associated with suicide. Psychologist, mental health advocate, and survivors of her brother's suicide, Dr. Sally Spencer-Thomas will present *Up on the High Wire: Building Mental Resilience During Tough Times* examining mental wellness and discussing tools to help employees sustain a passion for life.

In another session, *National Guides for Workplace Suicide Prevention: Peer Allies at Work*, Dr. Sally Spencer-Thomas will be joined by Dr. Jodi Frey, to present a set of tools and guiding principles for suicide prevention in the workplace.

Who Should Attend:

- **Employees**
- **Human Resource Personnel**
- **Employee Wellness Professionals**
- **Union Leadership**
- **Company Leadership**

988 SUICIDE & CRISIS
LIFELINE

Register Now at:
www.KevinsSong.org

SUICIDE PREVENTION IN THE WORKPLACE



Date:

January 26-28, 2023

Time:

8:00am-4:30pm (Thursday and Friday). 8:00am-3:00pm (Saturday). Continental Breakfast and Lunch Provided

Place:

Saint John's Resort,
Plymouth, Michigan

Suicide is a topic that must be brought out of the darkness

in order to save lives. There are many organizations, like Kevin's Song, working to dispel myths and bring hope and light to the subject so that those in crisis feel comfortable seeking help to recover and reengage fully in life.

While the burden of suicide significantly impacts the working-age population, age 24-64, most workplaces are relatively unprepared to help employees who are struggling with suicidal thoughts or to assist colleagues following the death of a co-worker by suicide. Thankfully, **you can play a powerful role in preventing suicide and responding appropriately when tragedies occur.**

Your workplace can be impacted directly through the suicide of employees or more indirectly through employees who lose family members or friends, or through the loss of clients or vendors to suicide.

Employees are affected when family members, clients, vendors, and others who surround the work team attempt suicide or die by suicide. Because of the stigma associated with suicide, many people are unsure how to respond to a co-worker who had a death in the family due to suicide. **Apart from the immense human cost, suicide deaths often lead to a decrease in productivity and workplace morale when left unaddressed or handled poorly by workplace leaders.** When a suicide death of an employee does affect the workplace, the surviving co-workers are often left feeling a mixture of grief, trauma, and guilt that can linger for a long time.

Kevin's Song brings tools and resources to employers and employees to better equip you to help prevent suicides and to better care for those dealing with suicide loss.



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