



*A charitable organization for
community education on the causes
and prevention of suicide.
Founded in memory of Kevin Urso*

THE SILENT EPIDEMIC

A CONFERENCE ON SUICIDE

INFORMATION · INTERVENTION · HOPE

PRE-CONFERENCE · THURSDAY, APRIL 7, 2016

Presented in partnership with the Behavior Health Department of Henry Ford Health System, Kevin's Song presents a panel presentation on the Henry Ford Perfect Depression Care, Zero Suicide Initiative. This discussion by a team of Henry Ford mental health professionals will provide insight into assessing and treating those identified at risk for suicide in a system-wide approach aimed at reducing suicide deaths. The impact of suicide on medical professionals will also be featured in an effort to "treat the treater" following a suicide loss.



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PRE-CONFERENCE SCHEDULE OF EVENTS:

Thursday, April 7, 2016

PLENARY SESSIONS – ZERO SUICIDE

Judea Room

8:00 am to 1:00 pm

- 7:30 am - 8:00 am Registration
- 8:00 am - 8:15 am Introductions – **John Urso, Co-Founder, Kevin’s Song**
- 8:15 am - 9:15 am **Doree Ann Espiritu M.D., Henry Ford Behavioral Health Services’ Perfect Depression Care: A Model for Eliminating Suicides & Mental Healthcare Transformation**
In this presentation, Dr. Doree Ann Espiritu will describe the journey that led to the development of a model that led to the Zero Suicide Initiative and the spread of perfect depression care in Henry Ford Primary Care Clinics.
- 9:15 am - 10:00 am **Brian Ahmedani Ph.D., LMSW, Henry Ford Behavioral Health**
“The Zero Suicide Model: Implementation, Improvement, and Research.”
Testing and skill based training to assess and respond to suicide risk. Statistical research on Zero Suicide Initiative
- 10:15 am - 11:00 am **Jennifer M. Peltzer-Jones Psy.D., R.N, Henry Ford Behavioral Health**
“In case of an Emergency, go to the nearest ED”
Emergency Department identification of suicide risk and management
- 11:00 am - 11:45 am **Kelly M. Rogalski, M.D., Henry Ford Behavioral Health**
“Teen Suicide: identifying risk and responding”
This talk will include risk identification as it applies to teens and how we designed and implemented a systematic process for both risk stratification and safety planning at Henry Ford
- Noon - 1:00 pm **LUNCH - Philip J. Lanzisera, Ph.D., Clinical Psychologist, Henry Ford Behavioral Health**
“The Silent Victim – Impact of Patient Suicide on Providers”

PRE-CONFERENCE SCHEDULE OF EVENTS:

FIRST RESPONDER'S WORKSHOP

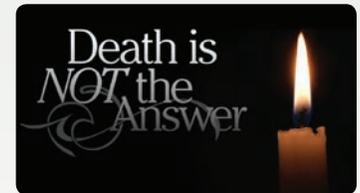
Wisdom Room

Noon to 3:30 pm

Noon - 3:00 pm Join Pre-conference attendees for lunch and a presentation by **Philip J. Lanzisera, Ph.D, Henry Ford Behavioral Health**

1:30 pm - 3:30 pm First Responder's Training Workshop – **Barb Smith**
Barb will discuss the warning signs and risk factors of suicide to help when investigating and working with families at a scene, recommendation on delivering a death notification, and discussion of what puts law enforcement at risk for suicide. This presentation will leave you with tools to work that "unthinkable" uncomfortable scene of a suicide.

DOCUMENTARY FILM PREMIERE



6:00 to 9:00 pm

6:00 pm – 7:30 pm **PREMIERE RECEPTION**
Includes cocktails and hors d'oeuvres followed by the film presentation and dessert in Master Ballroom. This is an opportunity to meet and network with the conference speakers, presenters, sponsors and guests.

Garden Gallery

7:00 pm - 7:30 pm **FILM PREMIERE ONLY**
Ticket includes 1 drink ticket, cash bar, film presentation and dessert.

Grand Ballroom

7:30 pm Welcome by **John Urso, Co-Founder, Kevin's Song**
Master of Ceremonies, **Frank McGeorge, M.D., Medical Consultant WDIV TV4 and Emergency Physician at Henry Ford Hospital**

Opening Remarks by **Maura Corrigan**, currently a visiting fellow at the American Enterprise Institute (AEI), where she studies and evaluates programs related to child welfare, child support, food assistance and disability. Former Director of the Michigan Department of Human Services and Justice of the Michigan Supreme Court.

8:00 pm Presentation of documentary film
"Death is NOT the Answer" – Director and Executive Producer, **Keith Famie**
Working closely with Rabbi Daniel Syme of Temple Beth El, Dennis Liegghio, Founder/President of Know Resolve, and "Kevin's Song," a Metropolitan Detroit based nonprofit organization, Death is Not the Answer will tackle tough issues through real-life stories that will allow the audience to gain a better understanding of depression, as well as the tragic outcome of suicide.

9:00 pm Coffee and dessert

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PRE-CONFERENCE SPEAKERS AND PRESENTERS:

DOREE ANN V. ESPIRITU, M.D.



Henry Ford Behavioral Health Services' Perfect Depression Care: A Model for Eliminating Suicides & Mental Healthcare Transformation

Dr. Espiritu is the Interim Chair of the Henry Ford Behavioral Services Outpatient Department and the Service Chief of Psychiatry of the Henry Ford West Bloomfield Hospital. She is board-certified in both Adult and Geriatric Psychiatry. In addition to her administrative role, she maintains an active practice seeing adult and geriatric patients in the outpatient setting and in long-term care settings as well. Dr. Espiritu finished her psychiatry residency in Adult Psychiatry at the Henry Ford Health System Psychiatry Residency and then went on to do a fellowship in Geriatric Psychiatry at Wayne State University. She is a member of the Professional Advisory Board of the Michigan Parkinson Foundation and also is a member of the Grassroots Advocacy for the American Association for Geriatric Psychiatry. She is also the Immediate Past President of the Philippine Medical Association of Michigan. She has received numerous awards including the Henry Ford Health System Shadow of the Leader, the Dr. Joseph Ponka Caring Physician of the Year and has been an Hour Detroit "Top Doc" in Psychiatry since 2009-2015. Dr. Espiritu's special interests are issues in Geriatric Psychiatry, Dementia, Successful Aging, Behavioral Health Integration In Primary Care, and Spirituality in Psychiatry.

DR. BRIAN AHMEDANI, Ph.D., LMSW



Henry Ford Behavioral Health Services - "The Zero Suicide Model: Implementation, Improvement, and Research."

Dr. Brian Ahmedani is Director of Psychiatry Research and a Research Scientist at Henry Ford Health System in Detroit, MI. Dr. Ahmedani leads several large research projects and has authored

numerous articles on suicide prevention and other mental health and substance use conditions. He is Chair of the Mental Health Research Network Suicide Prevention Scientific Interest Group and is a core Advisory Group Member of the National Zero Suicide Initiative.

JENNIFER M. PELTZER-JONES, Psy.D, RN



Henry Ford Behavioral Health Services - "In case of an Emergency, go to the nearest ED"

Originally from Philadelphia, Dr. Peltzer is a member of the American Psychological Association, the Health

Psychology division of APA, and of the American Association for Emergency Psychiatry.

She graduated from De Sales University in Allentown, PA with a Bachelor's in Nursing with a minor in Psychology then went on to Millersville University for a Master of Science Degree in Clinical Psychology and finally returned to Philadelphia in 1999 to pursue her Doctorate in Clinical Psychology (PsyD) at La Salle University.

Hired on as the first Senior Staff Psychology for the Henry Ford Emergency Department in 2008 and has published and presented on topics such as frequent ED use interventions, integration with community mental health services, and quality improvement.

Most recently, she has been working closely with the administration of Henry Ford Health System to improve Emergency Department experiences for patients in psychiatric distress.

PRE-CONFERENCE SPEAKERS AND PRESENTERS:

KELLY ROGALSKI, M.D.



Henry Ford Behavioral Health Services - "Teen Suicide: Identifying Risk and Responding"

Dr. Rogalski trained in Child and Adolescent Psychiatry at the University of Michigan, and then began her career at

Henry Ford Health System as a senior staff pediatric psychiatrist and medical director of outpatient pediatric psychiatry. She has an interest in teen suicide, program development and integrated behavioral health care. Dr. Rogalski is recognized by her peers as one of Metro Detroit's Hour Magazine "Top Docs" in pediatric psychiatry in 2014 & 2015. She has an outpatient practice at the Henry Ford Columbus Center in Novi.

PHILIP J. LANZISERA, Ph.D., CLINICAL PSYCHOLOGIST, HFHS



Henry Ford Behavioral Health Services - "The Silent Victim - Impact of Patient Suicide on Providers"

Philip J Lanzisera, Ph.D., ABPP received his Ph.D in Clinical Psychology at the Univeristy of Detroit. He then went on

to complete clinical internships at Children's Center of Wayne County and North Oakland Community Mental Health/Clinton Valley Center. Dr. Lanzisera serves as a supervisor for residents for their long term patients. He also plays a large role in teaching psychotherapy to the residents in a series of didactic lectures. When asked why he enjoys working with residents, he responded with "as I have gotten older and gained more experience, I've come to realize that I could have been a much better clinician had I had the experience and knowledge I now have. Working with psychiatric residents and psychology interns gives me hope that what I have learned will give someone else a head start in the process of becoming a good clinician. I like to share my enjoyment of the clinical process and support others in gaining the confidence they need to enjoy it as well."

BARB SMITH



First Responder's Training Workshop

Barb Smith is the founder and facilitator of the Saginaw Survivors of Suicide. This non-profit group has been supporting families and friends after a death to suicide for

the past 26 years. Barb also works with families and friends left behind after a death by suicide as a private grief and suicide consultant. Barb Smith is the founder and facilitator of the Saginaw Survivors of Suicide. This non-profit group has been supporting families and friends after a death to suicide for the past 26 years. Barb also works with families and friends left behind after a death by suicide as a private grief and suicide consultant. Barb is a published author of her personal story "Pain With a Purpose" in a book called i"MPOSSIBLE Project author Josh Rivedal.

Barb has received training and certifications from numerous experts in the field of suicide prevention, intervention and the aftermath of suicide. Including Bill Steele, Iris Bolton, Michael Nerney, AFSP, AAS, SPRC and many others. Barb serves as the on-call person for survivors of suicide and for local agencies as a consult and resource for the bereaved.

Barb has appeared in numerous interviews for television and newspaper articles including the Detroit Free Press, WNEM, ABC, MCTV and is quoted in published books.

Barb has been recognized as the "Saginawian" of the year; in 2003 she received the "Volunteer of the Year Award" from United Way; "Woman of the Year" from Zonta Club; and given awards for the work she has done in suicide prevention and intervention by the Michigan Association of Suicidology. She has accepted a "Personal Appreciation Award" from the Saginaw County Sheriff Department, as well as the "Distinguished Victims Services Award" by the State of Michigan for her work in the Advocacy program. Barb received the Humanitarian Award from JLMF in 2006. In 2008 she was the recipient of the "Hero Award" from the Saginaw County Community Mental Health Authority.

FILM PREMIERE SPEAKERS:

FRANK MCGEORGE, M.D.



*Henry Ford Hospital
Emergency Physician and
Medical Consultant for
WDIV Channel 4*

*Master of Ceremonies,
Premiere of the film,
"Death is NOT the Answer."*

Dr. Frank McGeorge can be seen on Local 4 News at 5 p.m., 6 p.m. and 11 p.m. with Good Health reports. In addition to helping metro Detroiters with health concerns as a doctor on television, Dr. McGeorge is helping save lives every day in the emergency room at Henry Ford Hospital.

Dr. McGeorge began his medical career in Chicago at Northwestern University where he graduated with Alpha Omega Alpha honors in 1990. He trained in emergency medicine at Henry Ford Hospital in Detroit where, he said, "It really was like the show 'ER.' Every day was a crazy drama by itself."

After residency he completed a research fellowship, focusing in the areas of critical care and resuscitation. Since then he has been busy as a practicing emergency physician with an active role in the community.

He is a past President of the Michigan chapter of the American College of Emergency Physicians, a Board of Directors Member of the Red Cross as well as a former member of the Board of directors for HAVEN, Oakland County's domestic violence advocacy organization. Dr. McGeorge is also on the editorial board and a reviewer for a number of medical publications.

Doctor McGeorge has been recognized for his activities with several Emmy Awards, Associated Press Awards for Journalism, Michigan Association of Broadcasters award, the Orthopedic MORE award for excellence in journalism, the American College of Emergency Medicine award for journalism excellence, the American Heart Association PULSE award and the Michigan State Medical Society award for excellence in healthcare reporting.

Before joining Local 4, he was for years, a frequent expert contributor to local and national news organizations on medical topics. He has received

numerous national and local awards for his teaching skills in the science and practice of medicine and formerly directed an Emergency Medicine Residency program.

HON. MAURA CORRIGAN



*Opening Remarks,
Premiere of the film,
"Death is NOT the Answer."*

Maura Corrigan is a visiting fellow at the American Enterprise Institute (AEI), where she studies and evaluates programs related

to child welfare, child support, food assistance and disability. In addition to her research and writing, she works with human services officials and leaders at the state level to make them aware of the latest federal policy developments and reform ideas relevant to social welfare policy. She also works to educate federal policymakers about promising state-level social services innovations.

Corrigan is a former chief justice of the Michigan Supreme Court and a former first assistant US attorney for Detroit, Michigan. Before joining AEI, after a distinguished legal career, she served as director of the Michigan Department of Human Services, where she oversaw public assistance programs for low-income and vulnerable families and children in Michigan. Programs included food, cash, and medical assistance; foster care and adoption services; child support; and children's protective services. As director of the Department of Human Services, Corrigan oversaw a 66 percent reduction in the number of individuals dependent on cash welfare, rolled out an innovative program to help the disabled, and left office with nearly 350,000 fewer Michigan residents needing food assistance.

Corrigan has a J.D. from the University of Detroit Law School and a B.A. from Marygrove College. Maura serves as a member of the Kevin's Song Board of Directors.

THE DECLARATION OF ZERO SUICIDE IN HEALTHCARE

By Doree Ann Espiritu M.D.

In 2001, Henry Ford Health System's Behavioral Health Services (BHS) responded to a challenge issued by the Robert Wood Johnson Foundation to "pursue perfect care." This challenge came shortly after the publication of a report from the Institute of Medicine (IOM), "Crossing the Quality Chasm: A New Health System for the 21st Century." The report praised advances in medical science and the skill, dedication and self-sacrifice of healthcare workers. At the same time, it indicted the healthcare industry for not translating those strengths into meaningful care for every patient. This report identified depression and anxiety disorders as a "priority condition" that needed immediate attention and improvement.

Using the IOM's "Six Aims and Ten Rules" to develop a clear vision of "perfect care," BHS identified several goals. They required Perfect Depression Care to be safe, effective, patient-centered, timely, efficient and equitable.

In a bold move, BHS proposed to eliminate suicide as one measure of perfect care. At that time, perfection and a zero-defect goal was considered too ambitious and audacious by many, but this did not stop BHS in its pursuit of perfect care.

BHS decided that the status quo was no longer acceptable and radical change was necessary. Practice and process improvements changed the

way the department approached depression care and suicide. Suicide was no longer a medical taboo and if a suicide did occur, employees felt supported. They started to embrace root-cause analyses to find ways to better care for patients. BHS became a blame-free and just culture, free of finger-pointing.

In this culture, team members owned safety and quality with complete freedom to speak up. This effort reduced Henry Ford's suicide death rate by more than 75 percent and was the first systematic effort to eliminate suicide in a healthcare system. Several healthcare systems in the United States and other countries have since adopted some or all features of the Zero-Suicide initiative and have shown excellent results.

In September 2015, *The Declaration of Zero Suicide in Healthcare* was developed by experts from 13 countries including Australia, Canada, China, Denmark, French Polynesia, Hong Kong, Japan, Malaysia, Netherlands, New Zealand, Taiwan, United Kingdom, and the United States.

While there is much to celebrate because of the success and global impact of this program, BHS and Henry Ford Health System will continue their quest for perfection and will continue to share their learnings with the greater community. Zero-Suicide is a goal that cannot be accomplished by one team or one organization alone, but by the entire healthcare community moving toward this important measure of perfect care.

