



THE SILENT EPIDEMIC

A CONFERENCE ON SUICIDE

INFORMATION • INTERVENTION • HOPE

CONFERENCE PROGRAM - MINI GUIDE

APRIL 7-9, 2016

THE INN AT ST. JOHNS, PLYMOUTH MICHIGAN

PLENARY SESSIONS – ZERO SUICIDE**Judea Room****8:00 am to 1:00 pm**

8:00 to 8:15 am Introductions – **John Urso**, Co-Founder, Kevin's Song

8:15 to 9:15 am **Doree Ann Espiritu, M.D.**, Henry Ford Behavioral Health Services' Perfect Depression Care: A Model for Eliminating Suicides & Mental Healthcare Transformation

9:15 to 10:00 am **Brian Ahmedani, Ph.D., LMSW**, Henry Ford Behavioral Health
"The Zero Suicide Model: Implementation, Improvement, and Research."

10:15 to 11:00 am **Jennifer Pelzer, Psy.D., RN**, Henry Ford Behavioral Health
"In case of an Emergency, go to the nearest ED" Emergency Department

11:00 to 11:45 am **Kelly M. Rogalski, M.D.**, Henry Ford Behavioral Health
"Teen Suicide: Identifying Risk and Responding"

Noon to 1:00 pm **LUNCH - Philip J. Lanzisera, Ph.D.**, Clinical Psychologist, Henry Ford Behavioral Health
"The Silent Victim – Impact of Patient Suicide on Providers"

FIRST RESPONDER'S WORKSHOP**Wisdom Room****Noon to 3:00 pm**

Noon to 1:00 pm Join Pre-conference attendees for lunch and presentation by **Philip J. Lanzisera, Ph.D.**, Henry Ford Behavioral Health

1:30 to 3:30 pm First Responder's Training Workshop – **Barb Smith**

CONFERENCE

FRIDAY, APRIL 8, 2016

8:00 to 8:30 am Welcome – **John Urso**, Co-Founder,
Kevin's Song

PLENARY SESSIONS

Judea Room

8:00 to 8:30 am Welcome – **John Urso**, Co-Founder,
Kevin's Song

Opening Remarks – **Tom Watkins**,
CEO & Executive Director, Detroit
Wayne Mental Health Authority

8:30 to 9:30 am **KEYNOTE Speaker: Thomas
Joiner, Ph.D.**, *"Why People Die by
Suicide."*

9:30 to 10:00 **Doree Ann Espiritu, M.D.**,
*"The Pursuit for Perfect Care & the
Zero Suicide Initiative: Audacious
Goals?"*

10:00 to 10:45 am **Michelle Cornette, Ph.D.**, *"Risk
Factors and Warning Signs for Suicide:
A Primer for Professionals, Survivors,
and the Public"*

10:45 to 11:00 BREAK

BREAKOUT SESSIONS #1

11:00 to Noon

Session A

Professionals Panel – Professionals in Crisis

Judea Room

Session B

Gigi Colombini, LMSW – How a mental health
professional can support someone through a
suicide crisis

Esther Room

Session C

Lawrence Wentworth, Ph.D – EMDR as a suicide
prevention psychotherapy and EMDR as a treatment
modality for those who have lost a loved one

Judith Room

Session D

Polly Gipson, Ph.D – Youth Suicide Risk and Bullying:
What Youth Aren't Telling You that You Need to Know

Ruth Room

Session E

Judith Burdick, MA, LLP –
Suicide: From Stigma to Transformation

Sarah Room

PLENARY SESSIONS

Atrium Room

12:15 to 1:30 pm **LUNCH**

Presenter: **Cheryl King, Ph.D.**
 Recognizing and Responding
 to Youth Suicide Risk:
 Here's Where We Are.

BREAKOUT SESSIONS #2

1:45 – 2:45 pm

Session A

Judea Room

Clergy Panel: Acceptance and Hope:
 Perspectives on Suicide from Faith Traditions

Session B

Esther Room

Nicole Law, Psy.D. – The Hidden Risks of LGBT Youth

Session C

Judith Room

Michelle Cornette, Ph.D. – Military and Veteran suicide risk

Session D

Ruth Room

Polly Gipson, Ph.D. – Youth Suicide Risk and Bullying: What
 Youth Aren't Telling You that You Need to Know

Session E

Sarah Room

Gloria Harrington, LMSW, CCRP – Bipolar Research
 Update: Impact on Longitudinal Studies

BREAKOUT SESSIONS #3

3:00-4:00 pm

Session A

Judea Room

State of Michigan Update Panel

Session B

Esther Room

Jim Hassett/Peter Driscoll – Presentation on Choice
 Theory and Reality Therapy

Session C

Judith Room

Jean Nemenzik, LMSW, Kadima Center – Understanding
 Common Mental Health Crisis and Practical Ways to Respond:
 A pre-view of Mental Health First Aid

Session D

Ruth Room

Joe Kort, Ph.D., - Understanding Males Who've Been
 Sexually Abused and Why They Attempt Suicide

Session E

Sarah Room

Gloria Harrington, LMSW, CCRP – Bipolar Research
 Update: Impact on Longitudinal Studies

Session F

Nazareth Room

Cari Griffen and Angela D'Agostini-Miller –
 Suicide Prevention in Schools Safe Talk Training Part 1

Session G

Galilee Room

Barb Smith - First Responders Training Workshop Part 1

CONFERENCE

FRIDAY, APRIL 8, 2016

BREAKOUT SESSIONS #4

4:15-5:15 pm

Session A

Gigi Colombini, LMSW –

How to engage the family's help during a suicidal crisis

Esther Room

Session B

Andrea L. Smith, MSW – QPR Training

Sarah Room

Session C

Amelia Lehto –

Social Media Skills: New Media for Messaging

Ruth Room

Session D

Jean Nemenzik, LMSW, Kadima Center –

Understanding Common Mental Health Crisis and Practical Ways to Respond: A pre-view of Mental Health First Aid

Judith Room

Session E

Cari Griffen and Angela D'Agostini-Miller – Suicide

Prevention in Schools Safe Talk Training Part 2

Nazareth Room

Session F

Barb Smith - First Responders Training Workshop Part 2

Galilee Room

PLENARY SESSION

Judea Room

5:30 to 6:15 pm

Presenter: **Dennis Liegghio** –
High School Presentation

PLENARY SESSION

Judea Room

6:30 to 9:00 pm

Casual Supper/Refreshments/
Entertainment

Open to all attendees at no
additional charge



CONFERENCE

SATURDAY, APRIL 9, 2016

PLENARY SESSION

Judea Room

8:00 to 9:00 am **BREAKFAST**

Presenter: **Deena Baxter**, author of *"Surviving Suicide, Searching for 'Normal' with Heartache & Humor"*

PLENARY SESSION

Judea Room

9:15 to 10:30 am Survivor Panel

BREAKOUT SESSIONS #5

10:45-11:45 am

Session A

Judith Room

Lawrence Wentworth, Ph.D – EMDR as a suicide prevention psychotherapy and EMDR as a treatment modality for those who have lost a loved one

Session B

Esther Room

Nicole Law, Psy.D – The Hidden Risks of LGBT Youth

Session C

Judith Room

Michelle Cornette, Ph.D – *Military and Veteran suicide risk*

Session D

Ruth Room

Judith Burdick, MA, LLP –
Suicide: From Stigma to Transformation

Loss Survivor

Small Group Session

Samuel Room

Attempt Survivor

Small Group Session

Wisdom Room

PLENARY SESSION

Atrium Room

Noon to 1:00 pm **LUNCH**

Presenter: **Karen Marshall** –
Outreach and Training Coordinator,
Sacred Bundle Suicide Prevention
Program at American Indian Health
and Family Services of SE Michigan

PLENARY SESSION

Wisdom Room

1:15 to 2:00 pm **CONFERENCE CLOSING**
Healing Ceremony